



Superficial Chemical Peel Post Procedure Instructions

Do not use Retin-A (Tretinoin) or Hydroquinone products for 3 days following the peel.

Expect redness and sloughing during the first 24-72 hours post-procedure.

Cleanse your face and apply Action and Tolereen twice daily.

You may wash your face using a foaming cleanser, followed by a toner. Do not rub your face aggressively with a towel when drying, rather pat dry.

After cleansing and toning apply a ½ and ½ mixture of Action and Tolereen.

You may apply the Action/Tolereen mixture up to four times a day if you are experiencing severe dryness and discomfort.

If you have any other problems or questions please call the office at (334)702-6900.