



Chemical Peel-postoperative instructions

- *A burning sensation similar to a sunburn may begin soon after application of the peel. This may sometimes last up to 72 hours.*
- *Slight to moderate swelling may occur. This is normal.*
- *You may place cool compresses and even frozen peas directly onto your face for tenderness.*
- *Your face will begin to feel very tight within 24 hours of the peel. This is normal. Try to limit extensive facial expressions until this resolves.*
- *Your skin will start to slough off 24 to 72 hours after the peel. This is normal. Do not scrub your face or pick at any of the peelings or scabs. This may cause scarring.*
- *Your face will be red for up to two weeks after the peel. You may place makeup over the peeled area ____ days after the peel.*
- *Be sure to take the prescriptions that are given to you for the antibiotic and antiviral medication until you run out.*
- *Wash your face with a gentle cleanser twice a day. Do not use any other skin care products until cleared by Dr. Ferguson or Rebecca.*
- *Apply the Aquaphor to your face after every washing (at least twice a day) for the first 5 days. If you run out you may substitute any antibiotic ointment such as Bacitracin, triple/double ointment, or Neosporin.*
- *We recommend sleeping sitting up while sloughing is occurring to avoid scratchy linen.*
- *Please remember to keep all postoperative appointments.*
- *It is of the utmost importance to avoid any direct sunlight to the peeled area for three to six months after the peel unless your skin is adequately protected with sunscreen.*
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I have read and understand these instructions. The need for proper postoperative care has been explained. I understand that the risks of this procedure include but are not limited to bleeding, infection, scarring, and unsatisfactory results

Name _____

Date _____