



## **Brow Lift Instruction Sheet**

### **Before Your Surgery**

Avoid aspirin-containing or aspirin-related products as well as herbal medications and nutritional supplements.

### **After Your Surgery**

1. Please follow the Postoperative Instruction Sheet carefully.
2. Please notify the office if you have persistent pain that is not relieved by taking your pain medications as directed
3. As recommended, use cold compresses (a bag of frozen peas or corn) over your forehead and eyes for 20-30 minutes six times per day as tolerated. This generally helps with the swelling for the first 2-3 days.
4. If your incision lines are not covered with a dressing, apply only a TINY amount of ointment on the incision lines with a Q-tip.
5. You may use your eyes for reading or television viewing as frequently as you wish.
6. Do not use contact lenses for at least 2 weeks, unless it is approved by Dr. Ferguson.
7. If you have an incision in your eyelid do not use mascara, eyeliner, or eye shadow until approved by the physician (usually 10-14 days). Minimal makeup applied to bruising of the lower lid is acceptable at any time, but do not pull on the lids or incisions.
8. Any apparent redness of the whites of the eyes is only a form of bruising and will subside during the early healing process.
9. Do not engage in vigorous exercise or sports for at least 2 weeks or until approved by the office
10. It is not abnormal to feel slight itching and tightness of the eyelids or forehead region during the early healing period.
11. **DO NOT TAKE ANY CHANCES!!!!** Please do not hesitate to contact the office if you are concerned about anything you consider significant.